

McAuliffe Moments

Celebrating the successes within our school community

February 14, 2012

Silver Falcon Calendar

January

- 02/14 PTO Meeting @ 6:30 PM
- 02/15 Kindergarten Registration / Open House @ 6:00 PM
- 02/20 **NO SCHOOL!**
- 02/21 **NO SCHOOL!**

Many thanks to our PTO for the wonderful meals provided to the Staff during our Parent /Teacher conferences! Thanks for all of your support!



Thanks to Dr. Williams and the staff at Ascent Family Dental for the breakroom snacks!

ON SALE

2012 Talent Show DVDs are for sale for \$10 each. The form for ordering can be found in the Informational Flyer section on our website.

Come by the office to purchase Silver Falcon window decals for your cars! They are only \$2.00 each!

Limit Screen Time Take Home Challenge

Check the last page for this sheet to participate in the "Schools on the Move" challenge!

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Principal's Corner



Happy Valentine's Day

At this time of year when we let people know that we care about them and how much we appreciate them, I want to let all of you know what a privilege it is to work with the students and families that we have here at Christa McAuliffe. You all are wonderful families and we enjoy working with you to provide the best educational opportunities for your children.

Thank You!

Last Saturday, we had a local church that sent out volunteers to many locations in Greeley, including our school. Thank you to Greeley Wesleyan Church for their support of our community, and specifically, our school. They were able to cut and prepare many sets of materials for our math stations, as well as disinfect all door knobs, tables and desks in the entire school. Thanks for your time and support of our school.

PTO Meeting

Our next PTO meeting is this evening, and we would love to have you join us at this meeting. The agenda is below. One item is election of officers for next year, and we have a few board positions that will be open, and we would love to have your involvement in this organization. The process for this will be discussed at tonight's meeting and if you have questions or want additional information, feel free to come tonight, or visit with any of our current board members.

PTO Agenda February 14th, 2012 6:30-7:30 PM

1. Welcome
2. Officer Reports
 - Secretary - Review of minutes from January. Minutes are available at (mcauliffe.greeleyschools.org)
 - Treasurer's Report – Information regarding PTO finances
 - Vice President – Class points and rewards
3. Committee Reports
 - Parent Teacher conference meals update
 - Bumper sticker update
4. Old Business
 - Field trips/Teacher wish list update
5. New Business
 - Upcoming officer elections
 - Family Fun Night (next year)
6. Principal Update
7. Questions/Answers pertaining to the PTO
8. Door Prize Drawing
9. Meeting Adjourn

Day care is provided **FREE** for kids 5 and over!



Limit Screen Time Take Home Challenge



The average child spends 19.6 hours each week watching TV. This does not include time spent watching videotapes/DVDs, playing video games or using the computer. Keep track of your screen time this week. Are you having too much screen time?

Monday:

I spent _____ minutes watching television, movies, playing on the computer, or playing video games.

Tuesday:

I spent _____ minutes watching television, movies, playing on the computer, or playing video games.

Wednesday:

I spent _____ minutes watching television, movies, playing on the computer, or playing video games.

Thursday:

I spent _____ minutes watching television, movies, playing on the computer, or playing video games.

Friday:

I spent _____ minutes watching television, movies, playing on the computer, or playing video games.



This week I spent a total of _____ minutes of screen time!

Why is screen time so bad?

- Watching 10 or more hours of TV per week has been shown to negatively affect academic achievement.
- 60% of overweight incidence can be linked to excess TV watching.
- About 30% of school age children are overweight or at risk for being overweight.
- In most cases, watching TV means you're not moving around enough.
- Many families change their family meal time and schedule to revolve around favorite programs. Mealtime is a great time for families to connect and it should never be spent in front of the television.
- Many families choose take-out fast food or microwave dinners so they can watch a TV program instead of cooking healthy meals.

What can you do?

- Limit television watching to as little as possible each day.
- Aim for less than 2 hours a day of total screen time. This includes tv, video games, and computer time.
- Set a goal and use a timer to let you know when it's time to turn the TV off.
- Remove all televisions from bedrooms, where it's tempting to lay around watching programs instead of spending time with your family.
- Get outside and exercise!
- Read a book, work on a puzzle or find a hobby you enjoy.