

December Newsletter 2020

Happy Holiday Season Meeker Families!

We hope the holidays bring you much joy, peace, and good health!

We appreciate and applaud all of our Meeker parents and guardians who have supported our students in the past weeks of remote learning! We know this is NOT what we signed up and in spite of all of the challenges we are doing are BEST to make learning happen for all students at Meeker and in our district. We appreciate you for providing supervision for your child so he or she can get assistance when needed. We are grateful that you have your child fed PRIOR to the start of school and begin the school day on time. We appreciate you providing a setting that is quiet, free of distractions, and a table and chair that helps your child stay focused on his/her learning.

Our school goal for attendance is 96% on a daily basis. We know that when students attend school consistently they have a much better chance of staying on grade level or catching up if they are behind. This year has been hard with COVID and ensuring that students stay home if they are not feeling well which is causing us to not reach our goal of 96%. We appreciate when we were in person that you were working on keeping your child home if they were not feeling well. Now that we are remote learning, we will not reach our goal of 96% attendance with all students not able to attend. If your child is unable to attend school, please reach out to the Meeker office staff and let them know ahead of time!



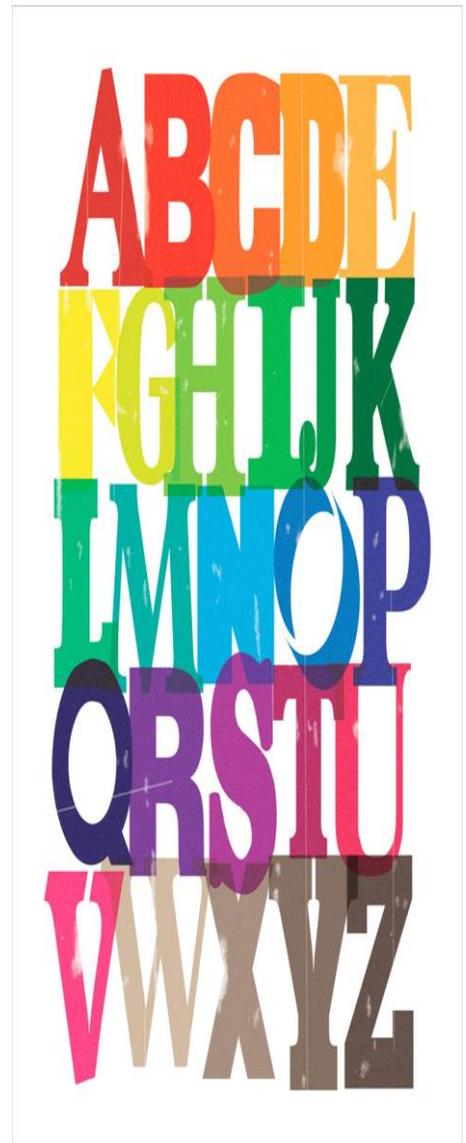
Upcoming Events

11/2-12/17: OPEN ENROOLMENT

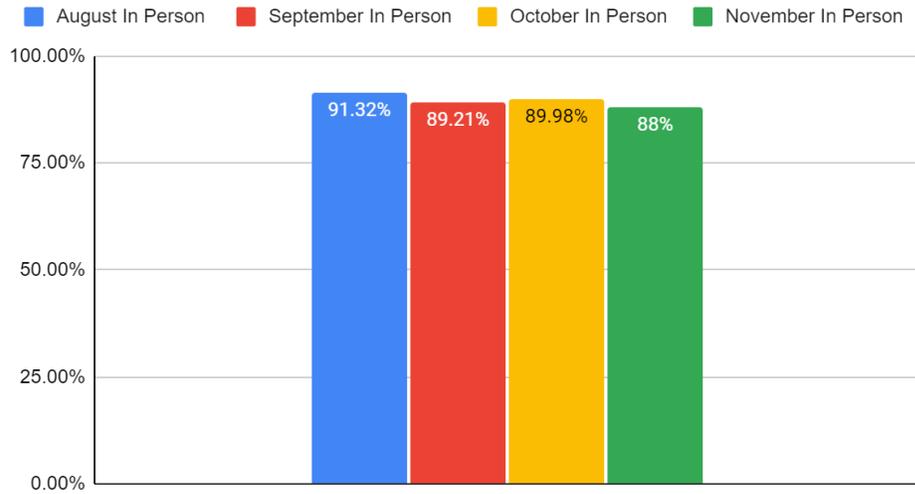
12/18-1-4/21: WINTER BREAK

1/5/21: Students return to school

1/18/21: No School



Meeker School Attendance



We love educating your students on a daily basis! Thank you for allowing us the opportunity to teach your child every day to work towards college and career readiness so that they can be or do anything that they choose once they leave our doors and head to middle school. We are grateful for all that you do as parents to love and support each of your children every single day.

Happy and Safe Holidays ahead!

Cathy Nelson
Alison Ferguson
Kelly Atkinson

The Staff and Teachers want to wish everyone that attend Meeker safe and happy holiday's ahead! All of you are truly great Leaders and we are all proud of you and your families.





TIPS FOR SUCCESSFUL REMOTE LEARNING

- Have students get up ahead of time and do their normal morning routine to get ready for school.
 - *Students that come to morning meeting after just waking up have a hard time.
- Be dressed in regular clothes (not pajamas)
- Students need a designated workspace that is quiet to help them stay focused.
 - *please don't do school in bed or laying down*
- Have a storage place for students to keep materials to help them stay organized.
- Be on time to Zoom meetings.
 - *If they show up late it is confusing for them and I can't stop the lesson and separately explain everything they missed.
 - *Some parents set alarms on a cell phone throughout the day as reminders.
- Keep distractions away from student's work area. No toys, pets, siblings, phones etc.
- Have an adult nearby to help with technology issues or if a student is struggling.
- Cameras should be turned on to help students stay focused on the teaching/learning that is happening.
- Make sure you are on the class Remind app. This is how I communicate and share class information.
- Please reach out for extra help with assignments or if you have any questions!
 - *Good communication is so important

Flu season is here:

The CDC recommends that everyone 6 months and older get vaccinated this season. Here are some other tips for staying healthy: • Wash your hands with soap and water frequently during the flu season.

- Avoid touching your eyes, nose or mouth.
- Cover your mouth or tuck it into your elbow when coughing or sneezing.
- Avoid contact with people who are sick. Don't share drinks or utensils with others.
- Stay home with fever over 100.5, chills, head and body aches, or uncontrollable cough.

For more information about flu prevention, go to: <https://www.cdc.gov/flu/protect/habits.htm>

As we go remote: please help us continue contact tracing:

- Please notify your school's health office if your child becomes ill or receives notification of a positive COVID-19 test during the 48 hours after their last day at school. Voice messages will be monitored during the remote learning period.
- If your child has been out of school on a quarantine, please notify your school's health office if your child becomes ill or receives notification of a positive COVID-19 test at any point during the quarantine period.
- If your child tests positive for COVID-19 at any time during the remote learning period, please notify the health office at 970.348.2026.

Continue to practice recommended guidelines to prevent the spread of COVID-19:

- Wear a mask when around any person outside of your immediate household. Wear a mask both indoors and outdoors. Anyone 11 years of age and older is mandated to wear a mask in public places; anyone between the ages of 3 and 11 years are strongly advised to wear a mask.
- Wash your hands frequently with soap and water for a minimum of 20 seconds scrubbing all surfaces
- Cover coughs and sneezes with a tissue, then throw the tissue in the trash, or use your inner elbow or sleeve
- Avoid touching your eyes, nose and mouth with unwashed hands
- Stay home if you are sick. Please!
- Get a flu shot! Everyone in the household should be vaccinated against influenza. It is not too late! Flu shots are available through your healthcare provider and at numerous pharmacies throughout the community. • Clean high touch surfaces in your home and personal items such as cell phones using regular household products
- Practice social distancing, staying at least 6 feet away from others
- Socialize only with those in your household; if you must attend a gathering, limit the number of people to 10 and only from two households. Please contact our school nurse, Caryn Ishmael with any questions at (970) 348-5027.

SYMPTOMS OF COVID-19

- Loss of sense of taste or smell for any period of time
- Fever (over 100°F), chills or feeling feverish
- New and unexplained persistent cough
- Shortness of breath or difficulty breathing
- Sore throat
- Runny nose or congestion
- Muscle/body aches
- Headache
- Fatigue
- Nausea, vomiting
- Diarrhea