



Greeley-Evans School District 6 Local Wellness Policy Triennial Assessment Report

Date Completed: School Year 2022-2023

A local wellness policy directs efforts to create a healthier school environment. Effective wellness policies support a culture of well-being by establishing healthful practices and procedures for students, staff, and families. Schools/districts participating in the federal Child Nutrition Programs are required to complete an assessment of their local wellness policy, at minimum, once every three years. This report summarizes policy objectives and details the results of the most recent evaluation. For questions regarding the results, contact Rachel Hurshman, Wellness Coordinator at rhurshman@greeleyschools.org

Section 1: Policy Assessment

We encourage the following people to participate in the development, implementation, and evaluation of our wellness policy:

- | | | | |
|------------------------|-------------------------------|-----------------|-----------|
| X Administrators | X School Food Service Staff | X P.E. Teachers | X Parents |
| X School Board Members | X School Health Professionals | X Students | X Public |

Required Policy Component	Fully in Place	Partially in Place	Not in Place
Nutrition Education	X		
Nutrition Promotion	X		
Food and Beverage Marketing Guidelines on School Grounds	X		
Nutrition guidelines for all foods and beverages available but not sold on school grounds (i.e., classroom celebrations, rewards, etc.)	X		
Nutrition guidelines for all foods and beverages available sold on school grounds (i.e., a la carte, school stores, vending machines, etc.)	X		
Physical activity	X		
Other school-based activities (as defined by your policy)	X		

Section 2: Policy Progress

The Greeley-Evans School District 6 Local Wellness Policy is a comprehensive document that outlines the district's commitment to promoting the health and well-being of its students, staff, and families. The policy addresses a wide range of wellness, including lifelong wellness behaviors, nutrition, physical activity, and staff wellness.

The policy is based on the belief that a healthy school community is essential for student academic success. When students are healthy, they are better able to learn, concentrate, and participate in school activities. By supporting healthy behaviors in childhood, students are set up for lifelong wellness into adulthood.

The policy is designed to create a school environment that supports healthy choices and behaviors. Progress has been made toward meeting policy goals in many areas. For example:

- Student-led nutrition education initiatives, including videos supporting the Fresh Fruit and Vegetable Program and digital signage project for cafeterias.
- Internal assessment of opportunities and approach to physical activity in the classroom.
- Award-winning Worksite Wellness programming, offering opportunities for staff to participate in programs including biometric screenings, financial wellness, dental health services, mental health support, and physical activity.
- Supporting implementation of Social Emotional Learning curriculum in schools across the district, at every level.
- Diversity, Equity, and Inclusion Action Team to continue working towards supporting wellness for *all* students of District 6.
- Support to increase capacity and access to student wellness programs supporting the local wellness policy, such as non-food rewards, Walking Classroom, Fit Sticks, Smoothie Bike and Healthy Classroom Celebrations.
- Biannual completion of Smart Source, completed by staff in each school.
- Continued support and focus on improved response rate for biannual Healthy Kids Colorado Survey.

The policy is implemented through a variety of strategies, including:

- Offering health and wellness programs for students and staff.
- Partnering with community organizations to provide health and wellness resources.
- Pursuing grant and additional funding support to expand existing student wellness programs.
- The policy is evaluated on a regular basis to ensure that it is meeting its goals. The district collects data on student health and wellness, and it uses this data to make improvements to the policy.

The Greeley-Evans School District 6 Local Wellness Policy is a valuable tool for promoting the health and well-being of its students, staff, and families. Plans for future wellness policy implementation include:

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- Continue to grow the Student Wellness Policy Committee to include a representation across all areas of the Whole School, Whole Community, Whole Child model.
- Continue to have Action Teams as part of the Student Wellness Policy Committee to move the needle on specific objectives within the policy.
- Continue to work with Student Wellness Team Leaders at each school to implement and assess the wellness policy.
- Continue to evaluate policy and implementation through the lense of diversity, equity, and inclusion to ensure that all students benefit.

Section 3: Model Policy Comparison

A required component of the triennial assessment is to utilize the Rudd Center's Wellness School Assessment Tool (WellSAT) for a comparison of the local wellness policy to a model wellness policy. The WellSAT includes 67 best practice policy items related to nutrition education; nutrition standards for foods; physical education and activity; wellness promotion and marketing; and implementation, evaluation, and communication. The comparison identifies policy strengths and areas for improvement.

Local Wellness Policy Strengths

WellSat 3.0 Scores

Overall District Policy Score

Total Comprehensiveness: 98

Total Strength: 80

Section 1. Nutrition Education

Comprehensiveness Score: 100

Strength Score: 63

Section 2. Standards for USDA Child Nutrition Programs and School Meals

Comprehensiveness Score: 100

Strength Score: 80

Section 3. Nutrition Standards for Competitive and Other Foods and Beverages

Comprehensiveness Score: 100

Strength Score: 92

Section 4. Physical Education and Physical Activity

Comprehensiveness Score: 88

Strength Score: 63

Section 5: Wellness Promotion and Marketing

Comprehensiveness Score: 100

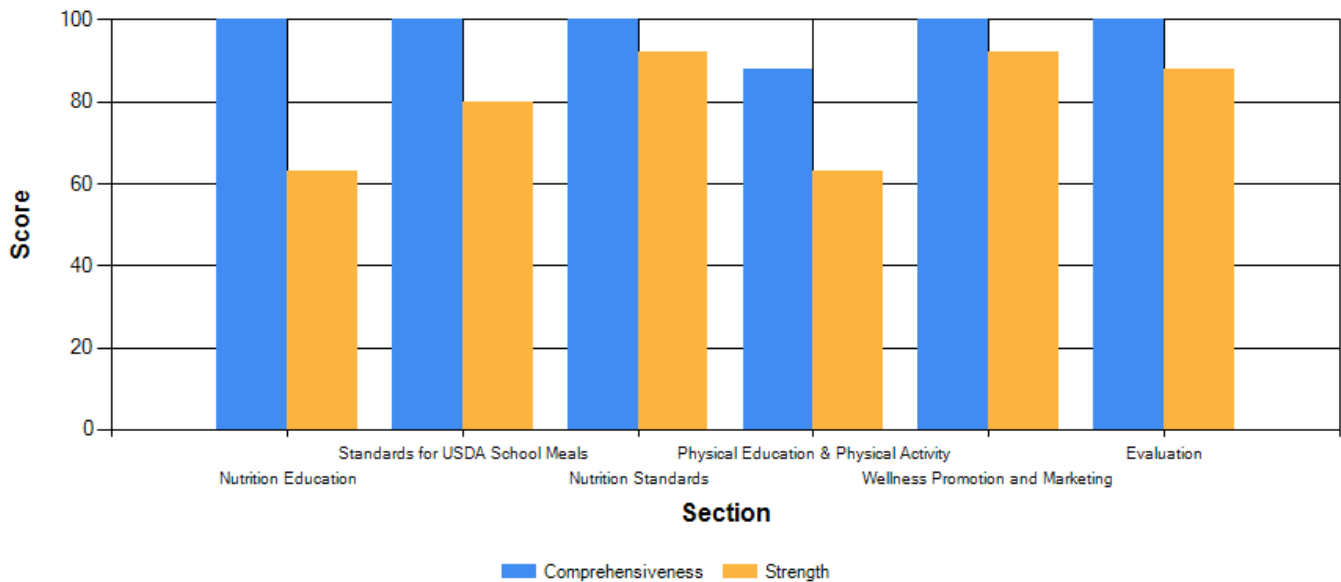
Strength Score: 92

Section 6. Implementation, Evaluation & Communication

Comprehensiveness Score: 100

Strength Score: 88

WellSat 3.0 Assessment Scorecard of Greeley-Evans School District 6 Local Wellness Policy



The Greeley-Evans School District 6 Local School Wellness Policy has many strengths. It is comprehensive and covers a wide range of topics related to student health and wellness. District 6 has a clear vision for student wellness, and it is taking steps to make that vision a reality.

One strength of the local wellness policy is the commitment to a team of staff members who are responsible for implementing the policy. This team meets regularly with the Student Wellness Policy Committee to discuss progress and make adjustments as needed and includes a plan for evaluating the policy's effectiveness. This plan includes collecting data on student health outcomes, such as district-wide surveys, including third-party biannual Smart Source and Healthy Kids Colorado Survey, and internal annual Panorama surveys.

An additional strength of the policy is its focus on nutrition. The policy sets clear standards for USDA Child Nutrition Programs and School Meals and establishes nutrition standards for competitive and other foods and beverages. The policy also includes a number of provisions to promote wellness through education and marketing. For example, the policy requires the district to provide nutrition education to students, and it also prohibits the marketing of unhealthy foods and beverages to students. The policy reflects the high-quality nutrition programs offered in District 6.

Overall, the Greeley-Evans School District 6 Local Wellness Policy is a comprehensive and well-implemented policy that is making a positive impact on student health and wellness. The district is to be commended for its commitment to creating a healthy learning environment for all students.

Specific examples of how the district is implementing the policy include:

- The district has hired two full-time staff, Wellness Coordinator and Wellness Specialist, to oversee the implementation of the policy.
- The district has created a wellness committee made up of staff, parents, and community partners. The committee meets regularly to discuss progress and make recommendations for improvement.

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- The district has developed a variety of resources to support teachers and staff in implementing the policy. These resources include free resources, activity ideas, and professional development opportunities.
- The district's commitment to student wellness is evident in the work that it is doing to implement the policy. The district is making a positive impact on the health and well-being of its students, and continues to work to improve capacity and reach.

Areas for Local Wellness Policy Improvement

Two areas for improvement in the local wellness policy include nutrition education and physical education. There is a strong commitment to these areas of wellness within the district, but it is not reflected in the policy.

Though it is comprehensive, the policy supporting nutrition education needs to be strengthened. Potential opportunities for improvement could include a more systemic approach to nutrition education so that all students receive lessons each year. This education may cover a variety of topics, including healthy eating habits, food safety, and nutrition labeling. The district currently offers a variety of extracurricular activities that promote healthy eating, such as cooking classes and gardening clubs, and those could be reflected in the local wellness policy.

Another opportunity for improvement of the policy is its focus on physical activity. The policy follows state standards for physical education but could include stronger language around physical activity. This activity can be in the form of recess, physical education classes, other movement throughout the school day, or extracurricular activities. More input and support from staff across the district would help improve the strength of the policy's approach to physical activity.