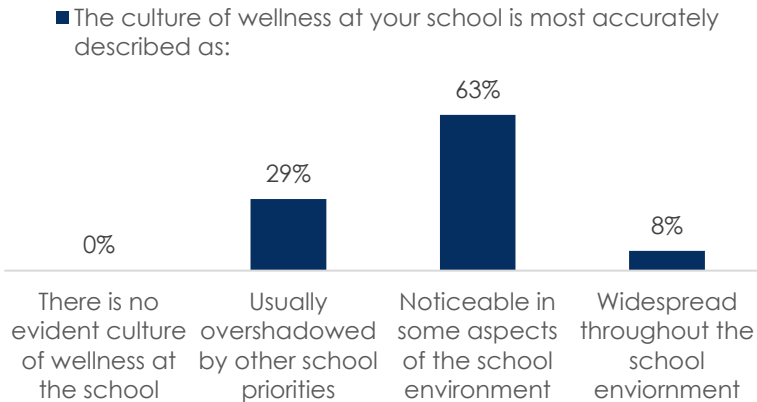
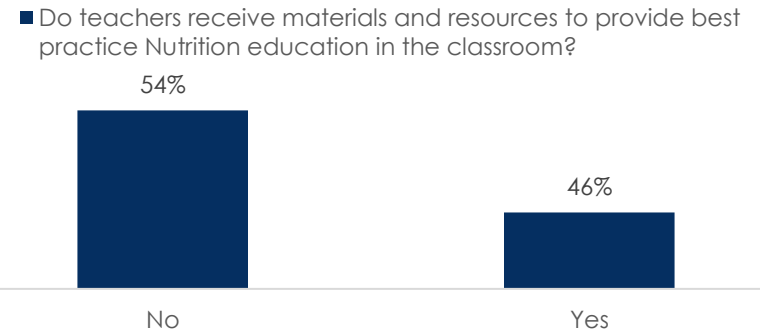


# LWP ASSESSMENT – WCSD6

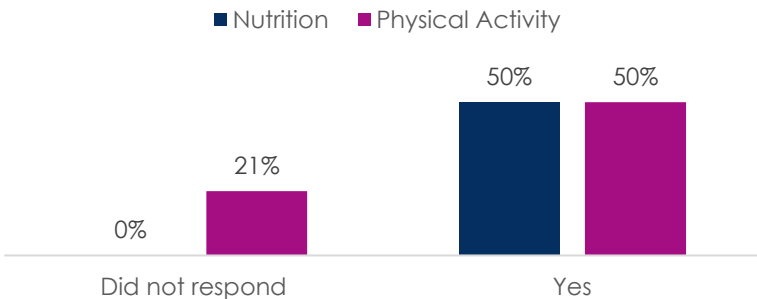
The culture of wellness at your school is most accurately described as:



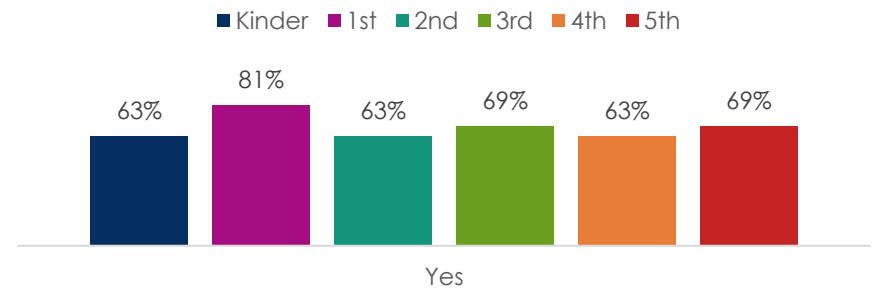
Do teachers receive materials and resources to provide best practice Nutrition education in the classroom?



Are school staff provided with educational opportunities to learn about nutrition and/or physical activity and how to integrate them into core instruction?

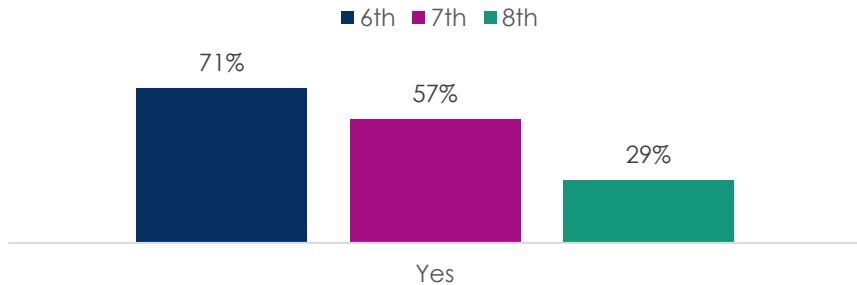


Which grades at your school offer Nutrition education as a unit of instruction (including as a part of other lessons)? K-5

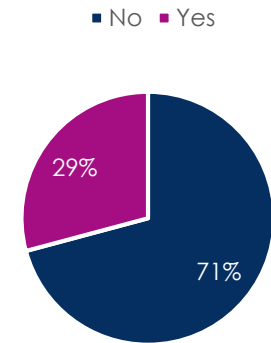


# LWP ASSESSMENT – WCSD6

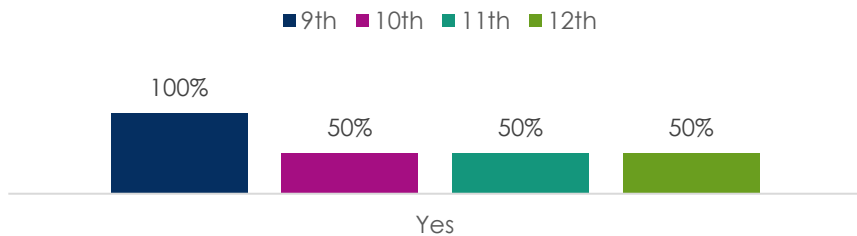
Which grades at your school offer Nutrition education as a unit of instruction (including as a part of other lessons)? 6-8th



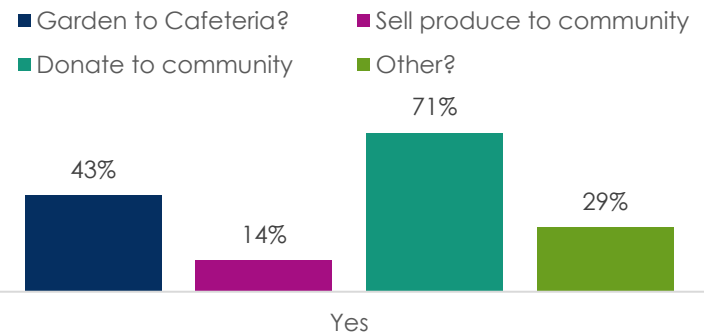
Does your school have a school garden?



Which grades at your school offer Nutrition education as a unit of instruction (including as a part of other lessons) 9-12th



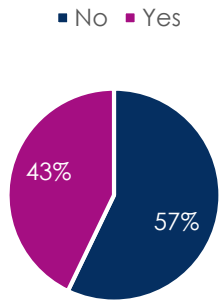
Does your school do any of the following with the produce grown in the school garden?



Other = Eat it and Use it in the classroom

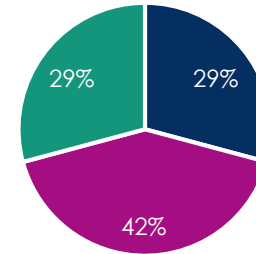
# LWP ASSESSMENT – WCSD6

Is your school garden integrated as part of the academic curriculum at your school?



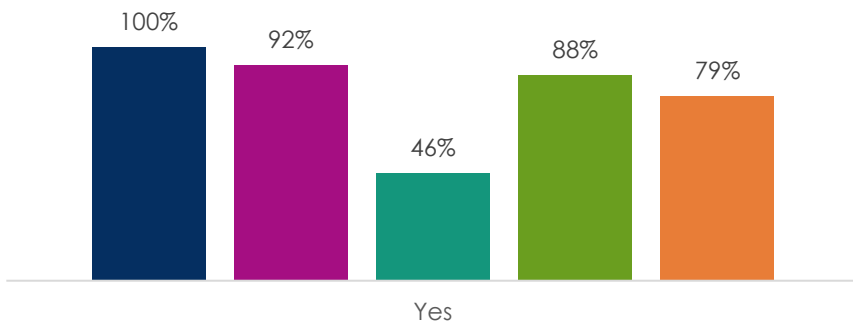
Does the PTO/PTA at your school support school wellness teams?

■ No ■ Yes ■ N/A, your school does not have a PTO/PTA



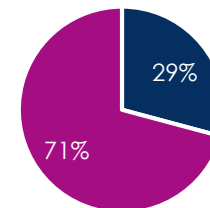
Does the cafeteria at your school have the following characteristics?

■ Clean ■ Inviting  
 ■ Reduced Noise ■ Available Health Ed Info  
 ■ Pleasant eating environment



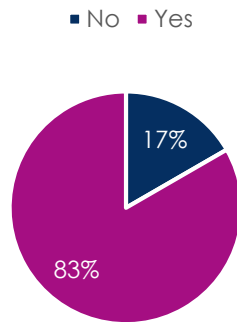
Does your school offer health promotion activities to students that encourage physical activity (e.g., speakers, recreational demonstrations, and walking clubs)?

■ No ■ Yes

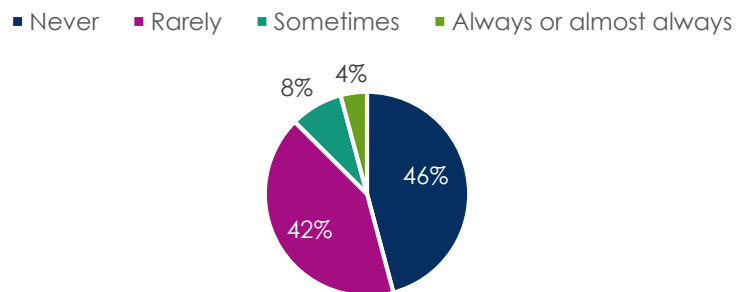


# LWP ASSESSMENT – WCSD6

Do students receive the minimum amount of physical activity of 150 minutes/week through participation in P.E. classes, classroom activities that include physical activity, recess, exercise programs, and fitness breaks?



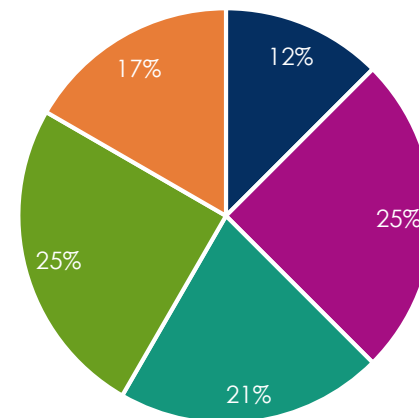
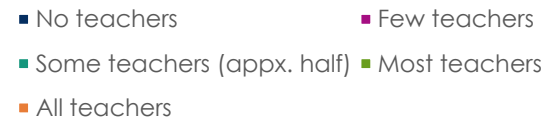
How often is physical activity withheld from students as punishment for any reason (e.g., misconduct, incomplete assignments, test)



Reasons physical activity withheld include:

- Misbehaving
- Not completing assignments, catch up, ISS
- Unsafe behavior
- In-school suspension/detention

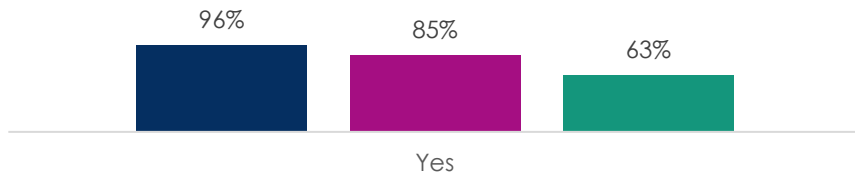
How many teachers in your school, on average, offer “Vitamin D” time



# LWP ASSESSMENT – WCSD6

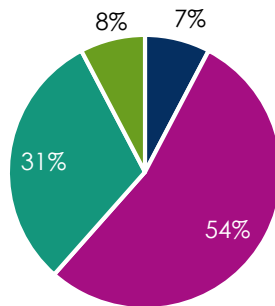
Does your school have adequate physical activity equipment for each of the following?

- P.E. classes
- Classroom activities that include physical activity
- Recess



How often do school staff engage with students during recess to encourage active participation?

- Never
- Rarely
- Sometimes
- Always or almost always



Please use the space below to provide any additional input that could help improve the wellness program at your school.

- We are getting a greenhouse I think.
- Lack of support from staff members.
- The Playworks program has been really helping our recess times. We are seeing less issues and referrals during that time. Our teachers are great about using their Vitamin D time or doing brain energizers in the classroom. I would really love to see an increase in staff participation in activities such as Schools on the Move (Madison).
- Support for a culture change in activity being withheld
- We are struggling with new staff members. Things we thought we had established a staff become null and void with new staff members and we have to start all over again.
- Support from administration
- We would like to get more participation from parents.
- Focus is so much on turning around that wellness is on a back burner, but still on the stove.
- I feel like there is not a buy in for our teachers who are constantly stressed about performance. Which doesn't leave a lot of time for physical activity and nutrition information, even though that is what will help performance.
- Always a work in progress, would love more staff buy in and support