The culture of wellness at your school is most accurately described as:

- There is no evident culture of wellness at the school: 0%
- Usually overshadowed by other school priorities: 29%
- Noticeable in some aspects of the school environment: 63%
- Widespread throughout the school environment: 8%

Are school staff provided with educational opportunities to learn about nutrition and/or physical activity and how to integrate them into core instruction?

- Nutrition: 63%
- Physical Activity: 50%

Do teachers receive materials and resources to provide best practice Nutrition education in the classroom?

- No: 54%
- Yes: 46%

Which grades at your school offer Nutrition education as a unit of instruction (including as a part of other lessons)? K-5

- Kindergarten: 63%
- 1st Grade: 81%
- 2nd Grade: 63%
- 3rd Grade: 69%
- 4th Grade: 63%
- 5th Grade: 69%
Which grades at your school offer Nutrition education as a unit of instruction (including as a part of other lessons)? 6-8th

- 6th: 71%
- 7th: 57%
- 8th: 29%

Yes

Does your school have a school garden?

- No: 29%
- Yes: 71%

- 9th: 100%
- 10th: 50%
- 11th: 50%
- 12th: 50%

Yes

Which grades at your school offer Nutrition education as a unit of instruction (including as a part of other lessons)? 9-12th

- 9th: 100%
- 10th: 50%
- 11th: 50%
- 12th: 50%

Yes

Does your school do any of the following with the produce grown in the school garden?

- Garden to Cafeteria?: 43%
- Sell produce to community: 14%
- Donate to community: 71%
- Other?: 29%

Other = Eat it and Use it in the classroom
Is your school garden integrated as part of the academic curriculum at your school?
- No: 43%
- Yes: 57%

Does the cafeteria at your school have the following characteristics?
- Clean: 100%
- Inviting: 92%
- Reduced Noise: 46%
- Available Health Ed Info: 88%
- Pleasant eating environment: 79%

Does the PTO/PTA at your school support school wellness teams?
- No: 29%
- Yes: 29%
- N/A, your school does not have a PTO/PTA: 42%

Does your school offer health promotion activities to students that encourage physical activity (e.g., speakers, recreational demonstrations, and walking clubs)?
- No: 71%
- Yes: 29%
Do students receive the minimum amount of physical activity of 150 minutes/week through participation in P.E. classes, classroom activities that include physical activity, recess, exercise programs, and fitness breaks?

- No
- Yes

Reasons physical activity withheld include:

- Misbehaving
- Not completing assignments, catch up, ISS
- Unsafe behavior
- In-school suspension/detention

How often is physical activity withheld from students as punishment for any reason (e.g., misconduct, incomplete assignments, test)

- Never
- Rarely
- Sometimes
- Always or almost always

How many teachers in your school, on average, offer “Vitamin D” time

- No teachers
- Few teachers
- Some teachers (appx. half)
- Most teachers
- All teachers
Please use the space below to provide any additional input that could help improve the wellness program at your school.

- We are getting a greenhouse I think.
- Lack of support from staff members.
- The Playworks program has been really helping our recess times. We are seeing less issues and referrals during that time. Our teachers are great about using their Vitamin D time or doing brain energizers in the classroom. I would really love to see an increase in staff participation in activities such as Schools on the Move (Madison).
- Support for a culture change in activity being withheld
- We are struggling with new staff members. Things we thought we had established a staff become null and void with new staff members and we have to start all over again.
- Support from administration
- We would like to get more participation from parents.
- Focus is so much on turning around that wellness is on a back burner, but still on the stove.
- I feel like there is not a buy in for our teachers who are constantly stressed about performance. Which doesn’t leave a lot of time for physical activity and nutrition information, even though that is what will help performance.
- Always a work in progress, would love more staff buy in and support