

Greeley-Evans School District 6
Wellness Policy Committee Meeting Minutes
February 10, 2015, 4:00-5:30pm

1. Attendance

Name	Organization/Committee Role
Carlee Rosen	Make TODAY Count!
Laurie Zenner	Healthy Kids Club
Katie Castillo	Healthy Kids Club
Leslie Beckstrom	Health Department
Brian Dauenhauer	UNC Professor
Ellie Dudley	Integrated Nutrition Program
Roxane Conant	Banner Health
Jeremy West	WCSD6- Director of Nutrition Services
Rachel Hurshman	WCSD6- Wellness Specialist/RDN
Kara Sample	WCSD6- Assistant Director of Nutrition Services/RDN

2. January 15th Student Wellness Team Leader Meeting Recap

Team Updates: Rachel very briefly went through the slides from the meeting, highlighting what each of the 19 new teams are up to at their schools, including action steps completed, successes, challenges and next steps. Jeremy talked about how this is excellent data to share with administrators to support the addition of student wellness teams to each school. It shows all of the progress the teams have accomplished, less than one year from implementation.

SPARK book: Each member of the committee was provided one of these books. At this point, all principals, assistant principals and team leaders and co-leaders have received this book related to the evidence supporting the link between physical activity and academic performance, among many other benefits. School Board members will also be receiving a copy when Rachel presents the wellness policy changes at a future unknown date.

Ideals for Celebration on 5/7/15: many ideas were shared for how we could celebrate and recognize the hard work of team leaders and co-leaders. Budget is around \$400. It will be from 5-6pm, team leaders will be paid. The following ideas were mentioned:

- Meet at a park, play outdoor games, have food
- Play mini-golf at the FunPlex
- Provide awards (certificates) to each leader and co-leader

Rachel will investigate these options and send out an Outlook invite.

3. Maplewood Wellness Night

- The agenda from this event, held on 1/27, was reviewed.
- The event was completely planned by the Maplewood Student Wellness Team. A great example of events happening due to the implementation of these teams.
- The evening included information about the 5210 Schools on the Move Challenge, a Farmer in the Classroom demo with Anthony and Sarah from Leffler Farms in Eaton and a Chef in the Classroom hands-on cooking demo with Olga from Cooking Matters
- A healthy dinner from D6 catering was provided. This was to replace the pizza that is typically served at these meetings. D6 catering was able to work with the limited budget available.
- The event was a great success, with over 80 parents and students attending! The event was even mentioned the following day by Maplewood's Principal, at a district leadership meeting. Great PR for the entire program.

4. Student Wellness Sponsorship Agreement with Banner Health

- The district has entered into an agreement with Banner Health to allow Banner to have exclusive rights to support and sponsor district-wide programs and events, not including individual school programs and events through June 2016
- Specifically related to Student Wellness, Banner has agreed to provide \$5,000 each school year towards student wellness, including
 - at least 1 employee at committee meetings
 - representation at bike to school, walk to school, student wellness fair and worksite wellness fair
 - 750 NCMC branded items for nonfood rewards program
 - 250 NCMC branded items for prize packs
 - We have decided to put \$2500 toward soccer jerseys this year.
 - For this, we have to put Banners logo on all our marketing materials, recognize them as provider of grant funds
- The committee thanked Banner for their support of student wellness

5. Kim Bevill Workshop

- The conference overview was reviewed
- Title: The Effect of Exercise on Learning
- Dinner to be provided by D6 Catering
- Teachers will be given time to action plan on how they will use the information in their classrooms and how they are going to share this information with others in their schools
- There will be an evaluation and a follow-up email about implementation

Administrator attendance: was in PrincipaLine today. Stacie Datteri, Chief Academic Advisor, will be there, at least one other AP has confirmed. Administrator support is key.

CDE credits: 3 CDE Renewal Contact Hours have been approved for participants

6. Playworks Training

- The recess implementation plan was briefly reviewed, including the topics for each of the 2 days of training. A 3rd day will be conducted onsite.
- Funded by Kaiser grant
- Meeker and Scott are the participating schools. The implementation team at each school was reviewed. The APs are included on each team and will be at the trainings. Other principals were interested, but were not able to pull together a team of 5 staff members to attend two Saturday trainings
- The trainings will take place at the Service Center on 2/21 and 2/28 from 8am-3pm. Lunch will be provided. Committee members are encouraged to attend the first training date when an overview of the program will be provided
- Rachel discussed that assuming the program goes well with these two pilot schools, it would be nice to expand the opportunity to more schools, as there seems to be a lot of interest among the principals. Would be ideal to offer the 2-day training during the summer, so that they did not have to be held on Saturdays

7. Kaiser Grant: two new RFPs

- The *Thriving Schools: Physical Activity Grant Request for Proposal (RFP)* was briefly reviewed
- 2 years, up to \$100,000 per year for increasing student PA during and/or before/after school
- Application is due on March 31
- Rachel shared some ideas:
 - Playworks
 - Walking Classroom (reviewed hand-out)
 - Continue supporting the City of Greeley in the MS soccer program
 - Student Wellness Team Leader stipends
 - FTE or .5FTE to work hands-on with each of the 19 new teams, plan trainings, be out AT the schools supporting wellness initiatives
- Brian with the UNC PE department is interested in helping with the grant application. Particularly since there is a new Masters program starting for PE teachers. He also mentioned a professor at UNC that has taught a PE training- this may be a good resource
- Leslie mentioned that they also have the Kaiser grant and can share some county data
- Committee members from other organizations agreed to provide letters of support. Rachel will get something drafted
- Kaiser is also planning to release another RFP for a behavioral health grant. This grant will provide upwards of \$150,000 per year for 3 years. The School Behavioral Health Services

Framework with tiers 1-3 was briefly reviewed. It appears that Kaiser does not wish to provide additional school psychologists, but would support someone to coordinate better integration between the different tiers in the system. Rachel will share the RFP with Kathi VanSoest and Tom Gribble from support services

8. Updates

- **Legislative Update:** Jeremy discussed HB 15-1088 which “creates the *Interagency Farm-to-School Grant Program* to help Colorado farmers and ranchers offset costs of becoming compliant with food safety measures and address costs associated with selling local food to Colorado schools”. Jeremy will be testifying on behalf of this bill. An article from the Executive Director of Healthier Colorado was also shared, “*Why Colorado Needs a Farm to School Bill*”.
- **Grant Update:** many, many grants have been submitted in the past month, including a total of \$135,000 in 3 grant requests to benefit the new D6 Growing Grounds proposed for land near Romero K-3 Academy. A former dietetic intern is helping us write these grants.
- **National Nutrition Month: March:** the committee has talked about really pushing the bulletin board kit resources we have available, especially during this time. Rachel will send the kits to team leaders and also let Office Managers know about them
- **Soccer Program:** Registration begins on 2/17 and the program starts on 3/23. We are expecting it to be very popular!
- **Sprint Into Summer 5k: May 2nd, 2015:** please participate and promote!
- **Jackson SW team meeting: tomorrow @ 12:30:** committee members are always invited to these

Next Meeting: February 19, 4:45-7:45

Next Committee Meeting: April 28, 4:00-5:30