

Weld County School District 6
Wellness Policy Meeting Minutes
February 5, 2013, 4:00-5:30pm

1. Introductions and Attendance

Name	Organization/Committee Role
Carrie Shimada	CSU/Weld Extension
Lizzy Ginger	Monfort PE
Crystal Rose	Healthy Kids Club
Katie Castillo	Healthy Kids Club
Laurie Zenner	Healthy Kids Club
Maritza McCoy	West High School Spanish & CAP
Alana Cline	UNC
Mary Russell	COA, CPRD - Parent
Roxane Conant	North Colorado Medical Center
Jennifer Berg-Ramsey	D6 - Registered Nurse
Cassi Cross	UNC Nursing Student
Kara Sample	WCSD6- Admin RD
Jenna Schiffelbein	WCSD6- Wellness Specialist/RD

2. Discuss proposed policy changes- ADF vs. ADF-R

- ADF: Goes before school board
- ADF-R: Overseen by Policy Committee
 - More detailed
- Reviewed changes, which will be brought to the Board before the end of the school year

3. Updates

- Vending
 - All food vending in school district now complies with the district's Wellness Policy
 - Vending position has started- Working to purchase a dedicated vehicle
 - 12 locations - some locations have multiple machines
 - Featured on NoCo channel 5 and ED News Colorado
 - See handout: *Ready Set Go*
- NutriSlice
 - Is a marketing and technology company that creates school menu applications, digital signage and menu boards
 - www.greeleyschools.nutrislice.com
 - Taste Test Pro was tested at Northridge on January 23rd, 2013- (some results presented to wellness policy meeting).

- Nutrition Education
 - Still working to integrate health and nutrition into class curriculum
 - Jenna is creating a database of books that contain health messaging cross-referencing the database against books available to students.
 - Nutrition will also be integrated into PE lessons by developing active nutrition lessons
 - PE teachers have been using “Wellness Toolkits” (provided by Healthy Kids Club) to integrate physical activity and nutrition education

- Brain Energizers (see handout)
 - Presented to teachers at recent meeting
 - *Fit Sticks* from Healthy Kids Club were provided to 350 teachers in the district to implement brain energizers daily
 - Will be integrated into professional development training beginning in May

- Summer Professional Development
 - Jenna and Kara working on a summer education class titled: “Building a Wellness Classroom”
- April 18th - Upcoming Walkathon fundraiser at Monfort Elementary. If the fundraiser is a success, it can act as a model for other schools in the district.

4. Revisit Implementation Plan

- Looking for ideas on how to communicate wellness policy with schools doing fund raising.
 - Some ideas discussed: having a parent party kit, utilizing weekly folders, school webpages, putting information in the menus, sending information with the Free & Reduced meal applications, etc.
 - Schools allowed 2 major fundraisers per year. If Monfort’s walkathon fundraiser is successful, it can be a model for other schools in the district.

Next Meeting: April 23, 2013
4:00pm -5:30pm