

Weld County School District 6
Wellness Policy Meeting Minutes
April 23, 2013, 4:00-5:30pm

1. Attendance

Name	Organization/Committee Role
Lizzy Ginger	Monfort PE
Crystal Rose	Healthy Kids Club
Katie Castillo	Healthy Kids Club
Alana Cline	UNC
Roxane Conant	North Colorado Medical Center
Andrew Glendenning	Weld County Public Health
Kara Sample	WCSD6- Admin RD
Jenna Schiffelbein	WCSD6- Wellness Specialist/RD
Carlee Rosen	North Colorado Health Alliance

2. District 6 Wellness Assessment results

- Grading improved to be more consistent across schools. Majority of schools showed improvements over last year. See handouts

3. Updates

- Nutrition Education
 - Literacy and PE projects
 - Literacy in K-5- identify texts that incorporate health and wellness themes and will be incorporated into teaching plans over the summer.
 - PE- Lesson plans with physical activity (games with nutrition themes) will be incorporated into two lessons for each grade in the K-5 grades.
- Summer Professional Development
 - “Building a Wellness Classroom” will be offered to teachers on June 10th. Course topics include: Brain energizers, classroom rewards, healthy snacks, healthy prizes, etc.
 - Course open to 30 teachers
- Concessions
 - Order guide for foods that meet Nutrition Policy is under development. This will be marketed to stakeholders in the fall to allow concession stand operators to more easily purchase and incorporate healthy food items.
- Website Visibility
 - Looking to communicate better with parents. Working to imbed wellness info on school web pages
 - Student Wellness has its own web page

- Finance Fundraising Manual
 - Manual is being updated to provide more specific information regarding healthy fundraising information. This manual of requirements is provided to school administration.
- Romero Elementary
 - Romero Elementary is developing a “Parent Institute” of classes for parents to attend once per month next school year. There will be a “wellness track” of classes provided.

4. Revisit Implementation Plan

- Format has been updated to be more user-friendly. See handout.
 - New activities for fundraisers is included in this version

5. Wellness Specialist Transition

- Jenna is leaving her position at SD6 to pursue a MPH degree at Johns Hopkins University
- Interviews for Jenna’s replacement have taken place- final decision will be announced soon.
- Wellness email for D6 during the transition will be: District6-Wellness@Greeleyschools.org

6. Meeting Times for next year

- Meetings will continue to be quarterly from 4:00-5:30pm on Tuesdays, unless otherwise requested by the group.
- Next meetings will be in September, November, February, and April of next year. Specific dates will be announced in the fall.