

**Greeley-Evans School District 6  
Wellness Policy Meeting Minutes  
April 29<sup>th</sup>, 2014, 4:00-5:30pm**

**1. Attendance**

<b>Name</b>	<b>Organization/Committee Role</b>
Laurie Zenner	Healthy Kids Club
Leslie Beckstrom	Health Department
Alana Cline	UNC Professor
Ellie Dudley	Integrated Nutrition Program
Jeremy West	WCSD6- Director of Nutrition Services
Kara Sample	WCSD6- Administrative Dietitian
Rachel Hurshman	WCSD6- Wellness Specialist/RD

**2. HealthierUS School Challenge (HUSC) Awards**

- Applied for this nearly 1 year ago. Received the awards in late February
- The award is given through a collaboration between the USDA and CDE
- Goal of this challenge is to “improve the health of the Nation’s children by promoting healthier school environments”. Schools are identified that have made changes to improve the quality of foods served, provide nutrition education and physical activity opportunities
- Only a handful of other districts in Colorado have schools who have received these awards!
- All of the awarded schools received a plaque and banner. Bronze schools received \$500, silver schools received \$1,000. These funds are to be used on student wellness
- Silver Schools:
  - Dos Rios
  - Maplewood
  - East Memorial
  - Martinez
  - Jackson
  - Romero
  - Madison
  - Shawsheen
- Bronze Schools:
  - Centennial
  - Monfort
  - Heiman
  - Scott
  - Meeker
- The awards were presented to principals at the All Principal Meeting. Nutrition Services will work with each school to spend the money appropriately

### **3. Kaiser Grant Update**

- A summary of the new soccer program and running program were reviewed
- Soccer will start this summer and will include 3 teams in collaboration with Tigres club soccer, D6 employees and UNC
- Finding field space for soccer has been a challenge, particularly in the Fall. Rachel will contact Abby with the Soccer Without Borders program to get ideas
- Fall: before-school soccer at 3 middle schools
- Spring: after-school camp-style at 3 middle schools and two K-8 schools
- Soccer will be co-ed
- Running clubs will be implemented in the Fall at 8 elementary schools, in addition to all four middle schools plus two K-8 schools
- Wellness teams: still planning to implement at all elementary and K-8 schools
- A final work plan will be submitted to Kaiser April 30<sup>th</sup>.

### **4. Smart Snacks Update**

- Kara discussed a new standard from USDA, called “Smart Snacks in Schools”. She discussed the challenges with this well-intended standard, including the requirement for any food sold in schools to be whole-grain, be a fruit or veggie, or contain 10% of the Daily Value of one of the nutrients of public health concern. The majority of items in our Right Bite healthy vending program would not meet these standards. We would be left with a few granola bars and mixed nuts.
- Fundraisers during school hours also must meet the nutrition standards, unless state agencies provide exemptions (CO has not so far)
- We will wait to see how manufacturers are able to re-formulate their products to meet the standards and to see if the USDA makes changes to the standards

### **5. USDA Proposed Rule**

- An Executive Summary of the Proposed USDA Wellness Policy Rule was reviewed in comparison with the district’s wellness policy. Many changes need to be made, but are mostly captured in the proposed changes drafted over a year ago. The changes just need to be approved by the Board
- A survey needs to be drafted to determine what sort of food marketing is occurring on district property as this will be very restricted
- A comment period for this proposed rule was open until the end of March. We did ask the question of how the USDA envisions nutrition services to enforce this rule at all schools in the district?
- Will continue to monitor the status of this proposal

## **6. Paid Lunch Equity**

- Jeremy discussed why the district will be required to increase school lunch prices next year, as a part of the Healthy, Hunger-Free Kids Act of 2010. The price will rise by \$0.25 for elementary and middle school. It will not change at high school. This brings us in line with most other districts in the area.
- Breakfast prices will not be changed

## **7. Student Wellness Assessments**

- Student wellness assessments completed annually by all schools were reviewed. A few secondary schools were missing
- Compliance with all 3 goals of the district wellness policy stayed constant or improved overall for elementary and secondary schools. Major areas for improvement remain including:
  - Nutrition education inclusion minimums in classroom per grade
  - Non-food fundraisers: Ellie mentioned ideas for low-cost non-food incentives like, PE Teacher for a Day. Rachel will include ideas like this in healthy fundraising communications
  - Healthy parties
  - Non-food rewards
  - Incorporating physical activity into other subject areas
- The committee will continue to address the gaps through the Implementation Plan

## **8. Bike to School Day: May 7<sup>th</sup>**

- Partnering with the Make TODAY Count campaign, the Department of Public Health and Healthy Kids Club to provide special events at Chappelow and Meeker (PE teachers volunteered to help promote at these schools)
- Police officer and the fire department will be at each school along with D6 communications, balloons, music, fruit, banner to sign, stickers and pencils
- Water bottles will be given to the classroom with the greatest participation
- Parent letters, including safety info, were sent home
- Would like this to turn into a more sustainable, wide-spread event in the future

## **9. 2013-14 Accomplishments**

- Accomplishments for the 2013-14 school year were reviewed including providing nutrition education for parents, students and staff, healthy party promotions, incorporating wellness into literacy, creating the first wellness team, receiving large grants and HUSSC awards
- For 2014-15, a new soccer program and new running program will be implemented, in addition to student wellness teams, integrating nutrition into math and developing healthy concessions

## 10. Updates

- **Newsletter Mailing:** still planning to send out around back-to-school time. Rachel will work on the content this summer and ask a teacher to write a wellness article. We will ask communications to help make it glossy and colorful
- **Activities for Summer FS Program:** Jeremy asked for any activities that organizations would like to hold in collaboration with the summer food service program. Make TODAY Count will participate
- **Sprint into Summer 5k: May 3rd**

**Next Meeting: September 9<sup>th</sup>, 4:00-5:30. Rachel will send meeting request**