

**Greeley-Evans School District 6**  
**Student Wellness Committee Minutes**

April 26, 2022

3:30-5:30 pm

Virtual -- Zoom

● **Introductions**

- Johanna Bishop - *D6 Nutrition Services*
- Kara Sample - *D6 Nutrition Services*
- Rebecca Robbins - *D6 Nutrition Services*
- Fatima Santiago - *D6 Nutrition Services*
- Rachel Hurshman - *D6 Nutrition Services*
- Bill Fearn - *D6 Secondary Curriculum Coordinator*
- Jessie Caggiano - *D6 Social Work*
- Terri Pappas - *D6 Board of Education*
- Claire Fisher - *Maplewood SWTL*
- Emiliano Gonzales Serrano - *D6 SHAC*
- Ellie Dudley - *INEP*
- Deanna LeFlamme - *INEP*
- Roxane Conant- *Banner Health*
- Anna Kingman - *UCHealth Healthy Hearts*
- Diana Serna - *Sunrise Community Health*
- David Reyes Jr. - *Family Center, Guest Speaker*
- Olivia Egen - *Weld County Dept of Public Health and Environment*

● **SHAC Updates**

- Emiliano Gonzales Serrano, Junior at University HS
  - SHAC continues to work on the murals to support mental health awareness. Recently finished the Positive Friendship panel and started Trusted Adults panel
  - Supported a Smoothie Bike Campaign to promote Healthy Activities and healthy eating. SHAC students at each high school helped facilitate the smoothie bike and encouraged their peers to “buy” a smoothie by sharing something they are thankful for, what they look for in a positive friend or trusted adult.

● **Family Center Speaker**

- David Reyes, Family Center Coordinator shared about the work of the Family Center and highlighted current programs and partnerships.
- The Family Center works with Families in Transition, Foster Care liaison, Migrant Education Programming, Newcomers Program, 21st Century programs and Title 1–Parent Engagement. Each of these programs are designed to help students and families that need extra support and connect with additional resources. The Staff at the Family Center focus on specific programs and identify students and connect with needed resources.
- The Family Center also has numerous Community Partnerships, including Immigrant Refugee Center, Lutheran Family Services, ADK, Weld County Departments, Mosaic Church, Precious Child, Aims Community College, Turn Around Bikes, Weld Food Bank, Greeley Assistance League, UNC, and others.
- In addition to working with the schools, the Family Center also partners with other departments in the district. For example, D6 Nutrition Services - food packs for D6 Online Academy students

- **Diversity Action Team**
  - Kara Sample provided update on the work of DAT, focusing on the new Mission and Vision Statement.
- **Student Wellness Policy Updates**
  - Rachel Hurshman presented updates about the upcoming Triennial Assessment. The assessment of the Local Wellness Policy is required to stay in compliance, and is due June 30, 2022 and is shared via the Nutrition Services Website. It assess each school's compliance with the LWP and progress of attaining goals of the LWP. District 6 uses the biennial Smart Source Survey for regular school assessment, as well as annual School Health Improvement Plans (SHIPS) created by each Student Wellness Team Leader (SWTL). We regularly compare our LWP to other model policies, and completed the WellSat 2.0 in 2021. The next step is to inform the public.
    - Follow-up and next steps: :
      - Danille is going to figure out when the policy is up for review by Board of Education → we'll propose some slight wording changes, making it a bit more transparent to public + IDEA + mental health
      - Will still be doing Smart Source every other year
      - May implement a stoplight system to determine how each school is doing with complying with the LWP
      - Johanna is going to follow-up on this assessment and post to website by June 30th

#### **Smart Source & Data Deep Dive**

- Meet on June 23 in the morning, in person, to focus on data from this recent school year.
  - Smart Source (completed by staff)
  - Healthy Kids Colorado Survey (HKCS) (completed by students in middle or high school)
  - Panorama (administered every year; completed across all age ranges)
- Include:
  - Anna Kingman can have UCHealth's data team compare their data with HKCS data
  - Drew Palmer
  - Staff from CDPHE to present about HKCS and Smart Source
- **Meetings for Next Year**
  - Will meet in August, November, January, April
- **Brain Energizer**
- **Action Team Breakouts**
  - Quick check in
  - Prepare quick report back from group
  - Schedule next meeting
  - As a group, create 30 second "Elevator Speech" about what you think the community should know about D6 Student Wellness

- **Action Team Updates**
  - School Environment & Curriculum
    - Sent out a survey for school gardens to get a better understanding of what's out there and how these spaces are being used
    - Potentially partnering with Family Center to offer culinary classes to families
  - Nutrition
    - Elevator pitch: Did you know that the District 6 Student Wellness Policy is used as a model for others across the state?! Here are some of the ways we ROCK: all of our school sites have a Student Wellness Team Leader that allows us the capacity to make a healthy environment possible; we have SHAC, the Student Health Advisory Council, that is youth-led and integrates peer-to-peer wellness programming; we offer a bank of resources to fuel student success and teach healthy habits; we partner closely with diverse community partners to have the biggest reach; and we have taken a deep dive into diversity, equity, inclusion, and access through our Diversity Action Team to ensure all of our programs meet each and every one of our students where they're at!
  - Mental Health
    - Discussed how they can readjust their goals so they can meet them and have the biggest impact.
    - D6 has a comprehensive wellness policy that promotes an environment within the school district that supports students and staff wellness journeys. Involving staff in the District's wellness policy positively impacts our students ability to thrive by connecting our students and staff. The policy addresses the whole student, focusing on safe environments, nutrition, physical health and mental health. Students can thrive.
- **Report to the Community**
  - What do you want communicated to the Greeley-Evans community?
    - SHAC
    - Mental Health
    - Snack Drawer Program
    - Fresh Fruits and Vegetable Program
    - Awards that our student wellness program has won
    - Grant funds (in dollars) that we've received for student wellness programming
    - Highlight of thank you cards through Worksite Wellness (worksite and student wellness go hand in hand)
- **Updates**
  - IntaJuice Happy Hour–Please come by: May 5th
  - Wellness Year in Review–via email over summer
  - Bike & Roll to School Day: May 4th
  - Schedule your next Action Team meetings!