

Greeley-Evans School District 6
Wellness Policy Committee Meeting Minutes
September 18, 2023, 4:00pm

1. Attendance:
 - Charlie Wright, Wellness Specialist, D6 staff
 - Kara Sample, Assistant Director of Nutrition Services, D6 Staff
 - Ellie Dudley, School Wellness Program, RMPC
 - Anna Kingman, UC Health, Healthy Hearts & Minds–School-Based Programming
 - Mariah Westlie, Menu & Nutrition Specialist, D6 Staff
 - Liz Stockham, Food Pantry Specialist,
 - Roxanne Conant, Banner Health
 - Danielle Bock, Director of Nutrition Services, D6 Staff
 - Rachel Hurshman, Wellness Coordinator, D6 Staff
 - Bry Mieles, Grad Student at UNC
 - Lisa Paulson, PhD Candidate at UNC
 - Kelley Stanely, School Nurse, D6 Staff
 - Olga Gonzales, Department of Public Health and Environment
 - Johanna Bishop, Nutrition Education Specialist, D6 Staff
2. USDA Team Nutrition Grant (Kara Sample and Danielle Bock)
 - a. Awarded \$769,000 over 3 years in grant funding for Nutrition Education in our district. Includes work within our department and community partners.
 - b. 4 main objectives:
 - i. Increased consumption of nutritious foods
 - ii. Increased awareness of MyPlate symbol
 - iii. Improved equity
 - iv. Increased community engagement in the Student Wellness Policy
 - c. Includes work in all D6 schools and Charter schools.
 - d. Grant was awarded to 10 organizations nationally, we are the only school district working directly with students to receive funding.
 - e. Highlight program goals:
 - i. Taste Testing/Student Focus Groups
 - ii. Digital Signage
 - iii. Smoothie Bikes–will provide a smoothie bike for every single school in the district
 - iv. Culinary Classroom Demo Stations
 - v. Culturally Focused MyPlate Materials
 - vi. MyGarden, MyPlate Programming
 - vii. Community Education Offerings
 - f. Objective #4–Increase school engagement in the development, implementation, and assessment of the Local School Wellness Policy.
 - i. Especially relevant to SWC
 - ii. Enhance Recruitment
 - iii. Hold LWP committee accountable for tracking measurable results
 - g. Idea Sharing to Fulfill Objectives
 - i. How do we DEFINE the diversity of this committee?
 1. Age
 2. Location–different parts of town/schools/geography

3. Levels of expertise—years in field, area of work, education, lived experiences
 4. Ethnicity & countries of origin
 5. Language
 6. Gender identity
 7. Socioeconomic position (especially r/t food access)
 8. Access to grocery stores
 9. Dietary habits and preferences
 - ii. How do we measure the diversity of this committee?
 1. Google form? (5 votes)
 2. Menti Poll (annon) ? (5 votes)
 3. Self-Identify? (2 votes)
 - iii. How do we best enhance recruitment for this committee?
 1. Ask committee members—who would you invite?
 - iv. How do we hold each other accountable for tracking measurable results and program implementation?
 - h. During your Action Team breakouts, discuss how your projects and initiatives do or could tie into the Team Nutrition Grant Project
3. Seed Library
 - a. Review slide information on own
 4. Food Pantry
 - a. Liz Stockam, mstockham1@greeleyschools.org
 - i. Installed 9 food pantries in schools, up and running—across all grade levels
 - ii. In Fall, adding 6 more. December + January will add 6 more
 - iii. Next SY, add 12 more
 - iv. No paperwork required
 - v. Intended to be a food hub—for one or two meals, not a whole week’s worth of food
 - vi. Do inventory every week to keep shelf-stable items in stock
 - vii. Utilize food recovery from kitchen cafeteria – utilize overproduction from lunch meals, cooling and packing safely so it can be consumed by students and families
 - viii. Each pantry has a small fridge, freezer, shelf and cart. Provided by Weld Trust and Success Foundation
 - b. How do kids learn about the food pantry?
 - i. Each school puts on FB page
 - ii. Parent Liaisons in each school—responsible for sharing with families who need it
 - iii. Liz does presentations in schools and community
 - c. When are they open?
 - i. Anytime the school is open. The Principal has a key and can access it anytime is needed
 - ii. Parent Family Liaisons also hold “open hours” for people to visit
 - iii. PFLs also take carts out to pick up lines for parents to pick up while pick up students
 5. SHAC Student Representative
 - a. Updated Mission Statement at Summer Intensive ([SHAC Webpage](#)) –wanted mission statement to reflect what we are doing as SHAC
 - b. Summer Intensive—talked about leadership and honoring each other’s strengths. Reviewed why it is important to have leaders with a variety of strengths—can be a leader

in many ways. Building a community of leaders to lead an impact. Enjoyed a lot of speakers from the community. Luluya especially enjoyed Lynda's Legacy—choosing kindness and love for others. Helped Luluya with a positive mindset as she was going back into the school year. She is excited to be a part of this work and a part of SHAC.

- c. SHAC has a diverse group of students from across the district.
 - d. During SI, talked about different areas of work within SHAC. She was on the team for the Fall Campaign, and wanted to create a video to support mental health and self care. How do we use our strengths to build us up through the day/week. It can be small acts of care and kindness. Working for it to become a district-wide video. Focusing on mental health in the Fall and physical health in the spring.
 - e. We are creating murals around each of the 8 Sources of Strengths that are available for the community.
 - f. Really enjoys the meetings. :)
 - g. Smoothie Bike Campaign in the Spring—promotes physical health and healthy eating.
 - h. SHAC helps Luluya grow into a leader in her school and helps better her own physical and mental health.
6. ACTION TEAMS
- a. Nutrition
 - i. Displays
 - ii. MyPlate healthy party kits
 - iii. Demos
 - iv. How do we get more representation for cultural sensitivity for education for students—get community members involved as local experts
 - v. Figure out HOW to do more culturally inclusive MyPlate meals/lessons look like
 - vi. How to respectfully include cultural traditions into lessons without cultural appropriation
 - b. School Environment & Health
 - i. Displays to coordinate with menu
 - ii. School Garden survey—do again and share with Rachel Garcia to track progress and add support
 - c. Mental Health
 - i. Sources of Strength Training
 - ii. Healthy Kids Colorado Survey—utilize data for projects/goals
 - iii. Happy Teacher Revolution
 - iv. Setting goals within scope of action team
 - d. Physical Activity
 - i. Needs assessment to see where schools are at last year
 - ii. Lisa Paulson created a video around SHAPE position statement around Physical Activity and punishment, research around what is and is not appropriate
 1. Will work to share that video based on assessment info and SHIPS from SWTLs—specifically related to physical activity goals
7. Next Steps
- a. Make a meeting with your Action team before the November meeting to discuss progress
 - b. Next Meeting is November 6th, 4:00-6:00 pm