

Weld County School Dist 6
Student Wellness Policy Committee
11-6-12

Attendees:

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| 1. Andrew Glendenning | Weld County Department of Public Health |
| 2. Katie Castillo | Healthy Kids Club |
| 3. Laurie Zenner | Healthy Kids Club |
| 4. Kara Sample | WCSD6 Nutrition Services |
| 5. Mary Russell | Parent/City of Greeley |
| 6. Maribeth Applehans | WCSD6 School Nurse |
| 7. Jeremy West | WCSD6 Nutrition Services |
| 8. Alana Cline | UNC |
| 9. Roxanne Conant | Banner- NCMC |
| 10. Jenna Schifflbein | WCSD6 Nutrition Services |

Agenda Items:

1. Discuss proposed policy changes (refer to handouts: "ADF" and "ADF-R")
 - a. Language in ADF was condensed, updated and brought into alignment with the language used in the ADF-R.

The following is an excerpt from the ADF and the questions & answers that followed

"Ensuring that staff responsible for nutrition education will be adequately prepared and participate regularly in professional development activities to effectively deliver and accurate nutrition education program as planned"

Q. Who is "responsible staff"?

A. Still working to determine- will initially focus on physical education teachers.

Q. Next steps?

A. Lesson books will be distributed with the tool kits from Healthy Kids Club.

Phase 1

- Integrate nutrition education into core curriculum-start with reading, then other classes such as math.
- Integrate into 21st Century After School Program

Phase 2

- Lesson Plans while Children are active
 - Elementary PE

- Group Suggestion: Incorporate with program to provide points for students reading books with nutrition info - Literacy Office

2. Assessment Plan

1. Will mostly use PE teachers this year and may have an online survey available
2. May incentivize participation
3. Timing: end of November to the winter break.

3. Updates

- Classroom Party Kits: Created with a grant from the Western Dairy Association. Kits focus on a variety of topics (ex. dance party, party games, outdoor adventure etc). Kits focus on activity and Jenna is looking for more suggestions for kit ideas.
- Halloween Party contest: Parties incorporate nutrition and physical activity - 3 classes have entered to win a resource kit and water bottles.
- Physical Activity Breaks: Will begin an inventory to see what is happening at schools.
- School UIP's: Communicating with principals to identify universal language.
- Student Advisory Council
 - Comprised of student from 3 area high schools
 - Toured Facility last month
 - Interested in using central kitchen for catering of their council events
 - Council can help with implementation of Wellness Policy at schools at student level
 - Helped with a vending machine food taste test
 - Phone apps for accessing school menu- I Phone currently , DROID coming

General updates - not listed on agenda

1. Colorado Legacy Foundation - Video story of the production kitchen for submission in the Colorado Kaleidoscope project.
2. Vending Machine Job - person has been hired and is working on an inventory of what is being sold at concession stands.
3. Weight of the Nation Screening - was a good opportunity to discuss school nutrition within the larger community health picture. Thanks to all the partners that participated.

Next meeting:

February 5th, 2013 from 4:00-5:30

Room 113, Service Center