

# GREELEY WEST

## Fall Tryouts

### Football

08/07- Equipment checkout

Varsity-3pm

Freshman 3:30pm

Practice 4:00pm-6:15pm

08/08-4:00pm-6:15pm

08/09-4:00pm-6:15pm

### Softball

Aug. 7-8 4:15-6:15pm

### Soccer (Tointon Academy)

8/7/23 Day 1- Conditioning, Fitness, Speed, Agility

5-7pm

8/8/23 Day 2 - Individual Skills - 5-7pm

8/9/23 Day 3 - Group skills 5-7pm

8/10/23 Day 4 Full game scrimmage 5-7pm

### Volleyball

Aug. 7-9 4:00pm

### Cross Country

8/7 -8/11 @ 4:30pm

### Tennis

Aug: 7-11 4:00pm-5:30pm

