Football
08/07 - Equipment checkout
Varsity - 3pm
Freshman - 3:30pm
Practice - 4:00pm - 6:15pm
08/08 - 4:00pm - 6:15pm
08/09 - 4:00pm - 6:15pm

Softball
Aug. 7-8 4:15-6:15pm

Soccer (Tointon Academy)
8/7/23 Day 1 - Conditioning, Fitness, Speed, Agility 5-7pm
8/8/23 Day 2 - Individual Skills - 5-7pm
8/9/23 Day 3 - Group skills 5-7pm
8/10/23 Day 4 Full game scrimmage 5-7pm

Volleyball
Aug. 7-9 4:00pm

Cross Country
8/7 - 8/11 @ 4:30pm

Tennis
Aug: 7-11 4:00pm-5:30pm